

**Dr. Thomas X. Nguyen MD's  
Olecranon Fixation Protocol**

- Long-arm splint in a semi-extended position
- Splint and dressings are taken down 48 hours after surgery. Patient begins active and active-assisted flexion and gravity-assisted extension.
- 2 weeks: sutures are removed.
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- 6 weeks: Active extension begins
- 3 months: Strengthening begins or when the fracture has healed.